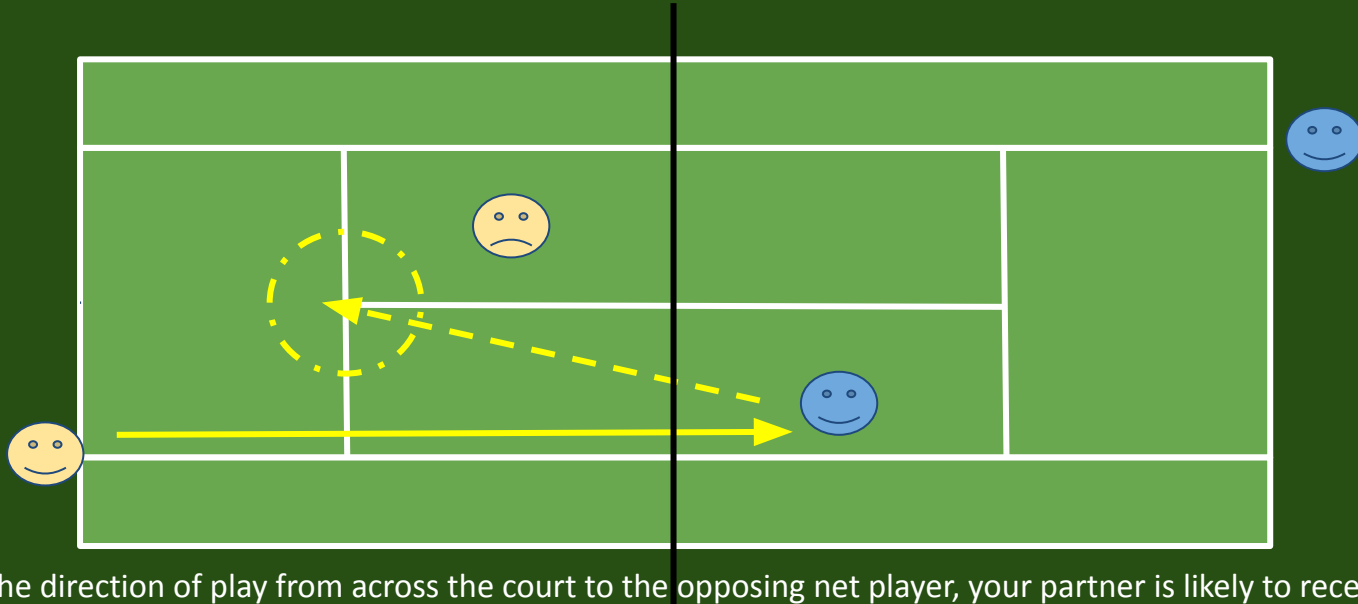


Doubles

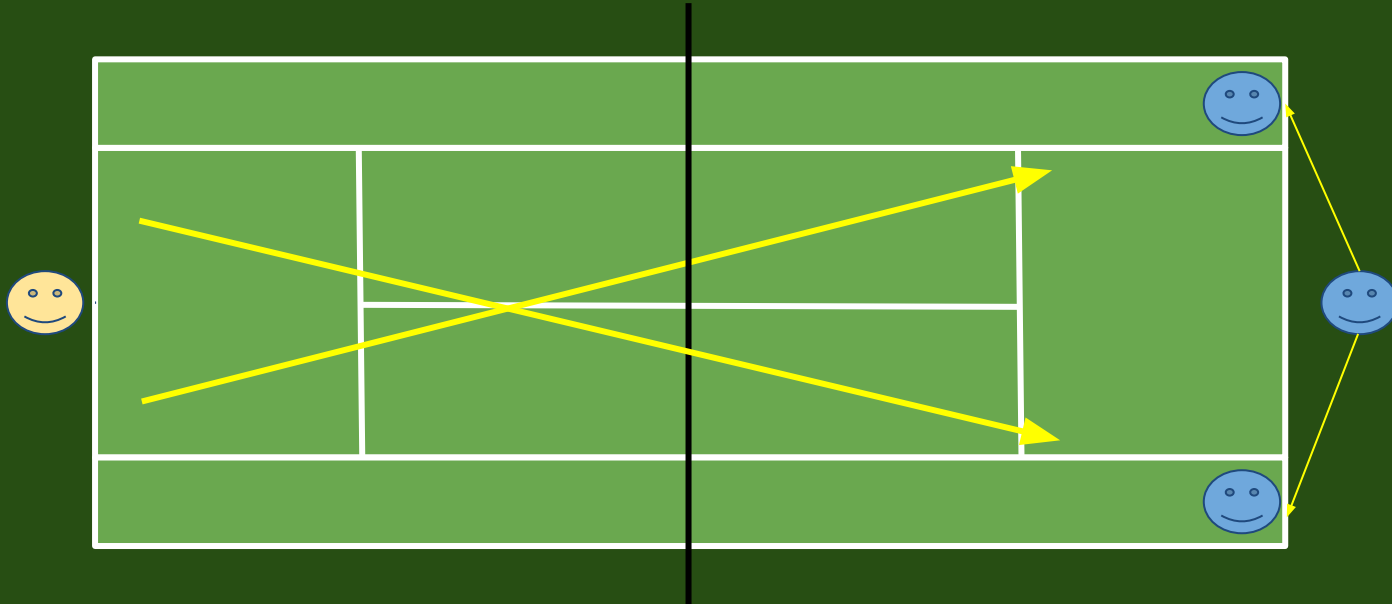
How your play affects your partner!



If you change the direction of play from across the court to the opposing net player, your partner is likely to receive the next ball and they should cover the centre of the court. They should have been keeping an eye on the opposing net player giving them a chance to anticipate the incoming shot. This is a +ve or -ve experience depending on the quality of your shot!

Singles

Use the diagonals to create space



If you can direct the ball across the court, you will make your opponent move more therefore you will create spaces. Try to get your opponent to play from the tramlines. This can be used for doubles easily given the extra width!